

Kayak 101

Expert instructors from Paddle Masters Coastal Kayaking School will present information on the skills and equipment needed to be a safe sea kayaker. They will tell you how to choose your first sea kayak, properly fit your PFD, and size a paddle. An American Canoe Association video will cover the basics and you will be introduced to the three strokes all paddlers need to know. Paddle Masters also offers a comprehensive informational packet for \$15.00 (optional).

Wednesday, **June 1st** at 7 PM
REI Roseville

Tuesday, **June 7th or 28th** at 7 PM
REI Bloomington

Safety in Bear Country

Join international bear researcher and REI employee **Kristina Timmerman** for a presentation on co-existing with bears while camping in the backcountry or relaxing at the cabin. View slides of troublesome bears, understand how to protect yourself from a visit, and learn more about the human-bear conflict as more of us recreate in or move into bear country.

Thursday, **June 2nd** at 7 PM
REI Bloomington

Wednesday, **June 8th** at 7 PM
REI Roseville

BWCA 103

Start your canoe trip close to home. This on-water workshop will introduce you to paddling and portaging a canoe on a small chain of lakes in Lebanon Hills Regional Park. After this workshop, you'll have the basic skills needed to do your own Boundary Waters trip. Perfect for beginners. Bring all your own equipment or call to reserve rental equipment. Bring your own lunch, water, and an extra set of warm, dry clothes. Trip Planning sessions 101 and 102 are not required to attend this session.

Registration required. Call Dakota County Parks at (651) GET-INFO or visit www.co.dakota.mn.us/parks.

Fee: \$20/adult and \$5/youth (15 & under)

Saturday, **June 4th** from 9:30 AM to 5:30 PM
Jensen Lake, Lebanon Hills Regional Park, Eagan

Co-sponsored by Dakota County Parks

Backpacking Basics

Join an experienced REI backpacker for an informative session on selecting backpacking gear, choosing clothing, and general trip planning advice. The clinic will be full of great tips to get you on the trail. Recommendations on great places to go backpacking in Minnesota and the surrounding region will also be given.

Wednesday, **June 15th** at 7 PM
REI Bloomington

Basic Bike Maintenance

Every rider should know a few things about keeping their bike running smoothly and this is your chance to learn. REI staff will cover changing a flat tire, maintaining a healthy chain, making simple brake adjustments and identifying trouble spots that might require a mechanic. Learning happens best when it is done hands on so please bring your front tire to sharpen your tire changing skills. Whether you ride on-road, off-road, race, or just race around the neighborhood, this clinic will help keep your bike rolling.

Monday, **June 13th** at 7 PM
REI Bloomington

Wednesday, **June 15th** at 7 PM
REI Roseville

Intro to GPS

Our most popular clinic! Anyone who spends time in the outdoors should understand this powerful handheld navigation system. REI expert staff will give this informative clinic on the basics of choosing and using the GPS technology to aid you in your outdoor adventures. The clinic will also cover GPS compatible mapping software.

Monday, **June 20th** at 7 PM
REI Bloomington

Climbing the Seven Summits

Few have attempted to climb the highest mountains on each continent and even fewer have succeeded. Local Neal Mueller is one of the youngest climbers attempting to bag the Seven Summits. Fresh off his recent ascent of Everest, he will inspire you with a slideshow adventure of his completed climbs and preview some of his upcoming journeys.

Tuesday, **June 21st** at 7 PM
REI Bloomington

Boundary Waters Trip Planning

A jam-packed session on planning and preparing your own BWCAW adventure with trip-tested ideas and suggestions from an experienced REI staff member. Topics will include an overview of the BWCAW, information on permits, equipment, clothing, food and more! The program will be especially helpful for the inexperienced Boundary Waters traveler.

Wednesday, **June 22nd** at 7 PM
REI Roseville

